

Profile EAP Webinars for June 2021

Monthly Webinar: Navigating Misunderstandings, Annoyances & Frustrations in the Workplace

Friday, June 4th

12:00 – 1:00 pm MT

In any workplace there can be daily communication issues that arise, but how do we approach them and how do we think about them? In this webinar, we will discuss the concept of supporting a “fair and just culture” and how to approach others when there are misunderstandings, annoyances, and frustrations.

“Shouldn’t I Be Doing Better Than I Am?”

Wednesday, June 9th

12:00 – 1:00 pm MT

During difficult times of prolonged stress, many people feel that they “should be” functioning at a different level than they are. Why is that, though? What is “normal” in times of ongoing stress? In this webinar, we will discuss the expectations we put on ourselves, and how we may need to rethink these expectations so we can function more optimally and with self-compassion.

Returning to Work: What Now? How to Return to Work And Maximize a Positive Experience (For Employees)

Tuesday, June 15th

9:00 – 10:00 am MT

After months of working virtually, in hybrid ways, or returning after a hiatus, there can be understandable concerns about returning to in-person operations. This webinar will help you anticipate workforce challenges and provide solutions on how to return to work in a way that helps the new adjustment.



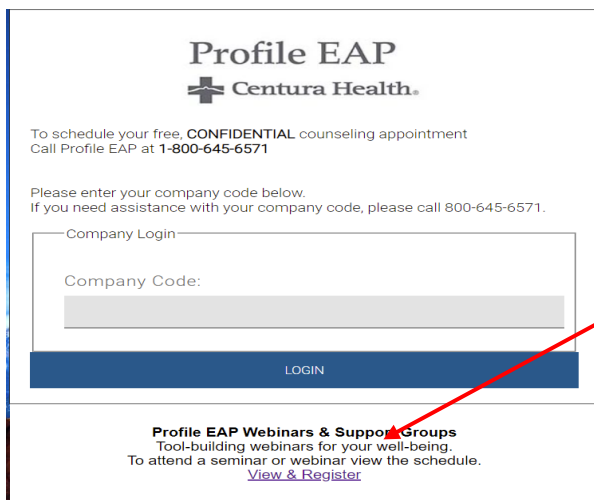
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Moving Past an Impasse: Communicating Effectively When There Seems To Be Gridlock

Wednesday, June 23rd

12:00 – 1:00 pm MT

Sometimes, we have strong feelings and beliefs that can seemingly be incompatible with others. Whether in the workplace, at home or in our communities, we can learn how to manage an apparent impasse and overcome gridlock.



The screenshot shows the Profile EAP website interface. At the top, it says "Profile EAP" with the Centura Health logo. Below that, it provides contact information for scheduling a confidential counseling appointment. A section for "Company Login" includes a "Company Code" input field and a "LOGIN" button. At the bottom, there is a link to "View & Register" for Profile EAP Webinars & Support Groups.

Employees can register for these webinars by going to:

www.ProfileEAP.org

Company Code is Not Required to Register



Profile EAP



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