

Profile EAP Recorded Webinars

August 2020

Below are the August EAP webinar recordings that are now available:

All by Myself - Staying connected during COVID

https://player.vimeo.com/external/447195107.hd.mp4?s=447c7498c0a2d2a04f9ac22b53e94e0f763c3cb9&profile_id=175

Change is the Only Thing that Stays the Same:" Change Management in Times of Uncertainty

https://player.vimeo.com/external/447202034.sd.mp4?s=146e4062031728980c09bdf73462c92c41be2400&profile_id=164

School is in session, kind of?

https://player.vimeo.com/external/447204077.hd.mp4?s=a96bd6fbdd2098f02285326f5972c2904bcf183b&profile_id=174

Recovery from Rescuing: Fixers, Care-Takers, Perfectionists

https://player.vimeo.com/external/445696758.hd.mp4?s=037719c3ffddea12cd8773ab99f23bc422725f51&profile_id=174

I Am Just So Tired...:" Burnout, Exhaustion and Resilience

https://player.vimeo.com/external/445698660.hd.mp4?s=5fa87ed5818f84b527b32ed8f6265e68b71abc3f&profile_id=174

Ugh... Not Another zoom meeting: digital burnout & fatigue

https://player.vimeo.com/external/452340589.hd.mp4?s=a33ab0db0178364a375f3ca26372a2806e79c2b6&profile_id=174

Difficult Conversations in the Workplace (For Managers)

https://player.vimeo.com/external/452342289.sd.mp4?s=810f058da3fb8038a80200eb4babf87fc050efc0&profile_id=164

To access the webinars: Click on the link (shown in blue) or copy and paste the link into your browser. No password is required.

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