

Resources for Understanding Racism

Provided as a service by Profile EAP. 1-800-645-5671

www.ProfileEAP.org

Books:

- [Coretta Scott King Book Award Winners: books for children and young adults](#)
- [31 Children's books to support conversations on race, racism and resistance](#)

Podcasts:

- [Parenting Forward podcast episode 'Five Pandemic Parenting Lessons with Cindy Wang Brandt'](#)
- [Fare of the Free Child podcast](#)
- [Integrated Schools podcast episode "Raising White Kids with Jennifer Harvey"](#)

Articles:

- [PBS's Teaching Your Child About Black History Month](#)
- [Your Kids Aren't Too Young to Talk About Race: Resource Roundup from Pretty Good](#)

Articles to read:

- ["My Life as an Undocumented Immigrant" by Jose Antonio Vargas | NYT Mag \(June 22, 2011\)](#)
- ["Who Gets to Be Afraid in America?" by Dr. Ibram X. Kendi | Atlantic \(May 12, 2020\)](#)

Videos to watch:

- YouTube resource by Emmanuel Acho. "Uncomfortable Conversations with a Black Man."
<https://www.statesman.com/news/20200605/austinsquos-emmanuel-acho-launches-rsquo-uncomfortable-conversations-with-black-manrsquo>

Podcasts to subscribe to:

- [About Race](#)
- [Code Switch \(NPR\)](#)
- [Pod For The Cause \(from The Leadership Conference on Civil & Human Rights\)](#)

Books to read:

- [White Fragility: Why It's So Hard for White People to Talk About Racism](#) by Robin DiAngelo, PhD
- [Black Feminist Thought](#) by Patricia Hill Collins
- [How To Be An Antiracist](#) by Dr. Ibram X. Kendi

Films and TV series to watch:

- Explained: The Racial Wealth Gap - Netflix
- Time: The Kalief Browder Story – Netflix

Organizations to follow on social media:

- Antiracism Center: [Twitter](#)
- NAACP: [Twitter](#) | [Instagram](#) | [Facebook](#)
- National Domestic Workers Alliance: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Showing Up for Racial Justice (SURJ): [Twitter](#) | [Instagram](#) | [Facebook](#)

More anti-racism resources to check out:

- <https://culturalbridgestojustice.org/emergency/>
- [Showing Up For Racial Justice's educational toolkits](#)

Profile EAP



1-800-645-6571

www.ProfileEAP.org